

A can (1) in which the body (2) and a bottom are integrally molded in a seamless manner, the bottom has an annular ground portion (3) in the vicinity of an outer peripheral portion, the inside of the annular ground portion (3) constitutes an internal rising wall (4) which rises inwardly of a can, and the internal rising wall is internally formed with a bottom wall (6) which has a substantially flat shape and has a height of 0.5 to 6 mm from a ground portion, wherein the content is filled and sealed in the can in a low positive pressure state so that can internal pressure is in a range of from 0.2 to 0.8 kgf/cm<sup>2</sup>, preferably 0.2 to 0.6 kgf/cm<sup>2</sup>, and the dispersion is  $\pm 0.2$  kgf/cm<sup>2</sup>, preferably  $\pm 0.1$  kgf/cm<sup>2</sup>, and a flat portion of the bottom (6) has an inspecting aptitude.